

globalfare

LUNCH

TODAY'S FEATURE

SPANAKOPITA

SPANAKOPITA *60 cal*



LEMON GARLIC BAKED
CHICKEN *180 cal*



CREAMY ORZO *420 cal*



PITA CHIPS *80 cal*



HUMMUS *70 cal*



VEGAN



VEGETARIAN



GLUTEN



WHEAT



MILK



EGG



PEANUTS



TREE NUTS



SHELLFISH



FISH



SESAME



SOY

***2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.***

globalfare

D I N N E R

TODAY'S FEATURE

CABBAGE ROLLS

STUFFED CABBAGE
ROLLS *350 cal*



GARLIC ROASTED
POTATOES *90 cal*



PEAS & CARROTS *70 cal*



APPLE & CRANBERRY
SALAD *170 cal*



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classic

KITCHEN

LUNCH

SWEDISH MEATBALLS *260 cal*



BBQ TOFU *225 cal*



PARSLIED NOODLES *130 cal*



HONEY GLAZED CARROTS *100 cal*



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CLASSIC KITCHEN

classic

KITCHEN

D I N N E R

DINNER ROLL *60 cal*



HONEY GLAZED HAM *140 cal*

PORK

MAPLE ORANGE MASHED SWEET
POTATOES *310 cal*



MAPLE CARAMELIZED BRUSSEL SPROUTS

70 cal

PORK



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CLASSIC KITCHEN



LUNCH & DINNER

TODAY'S FEATURE

CHILDHOOD FAVORITE

CORN DOG *400 cal*

PORK

CURLY FRIES *220 cal*

-
- VEGAN
- VEGETARIAN
- GLUTEN
- WHEAT
- MILK
- EGG
- PEANUTS
- TREE NUTS
- SHELLFISH
- FISH
- SESAME
- SOY

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a-zone
ALLERGEN FRIENDLY

LUNCH

BRISKET *270 cal*



ROASTED POTATOES *100 cal*



HONEY GLAZED CARROTS *100 cal*



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ALLERGEN FRIENDLY

D I N N E R

BAKED CHICKEN *320 cal*



BBQ TOFU *225 cal*



BROWN RICE PILAF *140 cal*



BRUSSEL SPROUTS *70 cal*



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A - Z O N E