

globalfare

LUNCH

TODAY'S FEATURE

SPICY PIEROGI

SPICY PIEROGI *660 cal*



MAPLE CARAMELIZED
BRUSSEL SPROUTS

70 cal

PORK

CARAMELIZED ONIONS

80 cal



***2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.***

globalfare

D I N N E R

TODAY'S FEATURE

BRAZILIAN
STEW

**BLACK BEAN & PORK
BRAZILIAN STEW** *90 cal*



BROWN RICE PILAF
120 cal



**BRAZILIAN COLLARD
GREENS** *60 cal*



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classic KITCHEN

LUNCH

CORN TORTILLA *30 cal*

VG

FLOUR TORTILLA *90 cal*

VG  

CHICKEN TACO MEAT *120 cal*

 

BEEF TACO MEAT *130 cal*

FIESTA RICE *150 cal*

V  

REFRIED BLACK BEANS *100 cal*

 VG 

Guacamole

60 cal

 VG



VEGAN



VEGETARIAN



GLUTEN



WHEAT



MILK



EGG



PEANUTS



TREE NUTS



SHELLFISH



FISH



SESAME



SOY

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CLASSIC KITCHEN

classic

KITCHEN

DINNER

BEEF BURRITOS 750 cal



CHICKEN BURRITOS 240 cal



FIESTA RICE 150 cal



REFRIED BEANS 120 cal



SHREDDED CHEESE 120 cal



SOUR CREAM 45 cal



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CLASSIC KITCHEN



 **flame**

LUNCH & DINNER

**TODAY'S
FEATURE**

**HAMBURGER
BAR**

HAMBURGER BUN

190 cal



HAMBURGER PATTY

160 cal

POTATO WEDGES

120 cal



Cheddar Cheese

60 cal



American

Cheese *50 cal*



Swiss Cheese

110 cal



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a-zone
ALLERGEN FRIENDLY

LUNCH

BEEF TIPS *160 cal*



BROWN RICE *100 cal*



STEWED CHICKPEAS *100 cal*



**ROASTED CARROTS, PARSNIPS &
POTATOES** *140 cal*



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A-ZONE



a-zone
ALLERGEN FRIENDLY

D I N N E R

CITRUS ROASTED TURKEY *120 cal*



BAKED POTATO *100 cal*



STEAMED BROCCOLI *30 cal*



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A - Z O N E