

# globalfare

LUNCH

## TODAY'S FEATURE

UDON BAR

UDON NOODLES *90 cal*



VEGETABLE BROTH

*50 cal*



CHICKEN BROTH *60 cal*



BAHN MI VEGETABLES

*30 cal*



Diced Chicken  
*110 cal*



Diced Tofu  
*60 cal*



Cilantro *0 cal*



Siracha *10 cal*



Hard Boiled  
Eggs *70 cal*



BeWell

VEGAN

VEGETARIAN

GLUTEN

WHEAT

MILK

EGG

PEANUTS

TREE NUTS

SHELLFISH

FISH

SESAME

SOY

***2,000 calories a day is used for general nutrition advice, but calorie needs vary.  
Additional nutrition information available upon request.***

# globalfare

D I N N E R

TODAY'S  
FEATURE

SCHNITZEL

## PORK SCHNITZEL

270 cal



## POTATO PANCAKES

160 cal



## GRAVY *xx cal*



## ROASTED CARROTS

70 cal



Applesauce

80 cal



Sour Cream

45 cal



VEGAN



VEGETARIAN



GLUTEN



WHEAT



MILK



EGG



PEANUTS



TREE NUTS



SHELLFISH



FISH



SESAME



SOY

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# classic KITCHEN

LUNCH

CORN TORTILLA *30 cal*

VG

FLOUR TORTILLA *90 cal*

VG  

CHICKEN TACO MEAT *120 cal*

 

BEEF TACO MEAT *130 cal*

FIESTA RICE *150 cal*

V  

REFRIED BLACK BEANS *100 cal*

 VG 

Guacamole

*60 cal*

 VG

  
BeWell

VG

VEGAN

V

VEGETARIAN



GLUTEN



WHEAT



MILK



EGG



PEANUTS



TREE NUTS



SHELLFISH



FISH



SESAME



SOY

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CLASSIC KITCHEN

# classic KITCHEN

D I N N E R

**TORTILLA CHIPS** *130 cal*



**FLOUR TORTILLA** *90 cal*



**CHICKEN TACO MEAT** *120 cal*



**BEEF TACO MEAT** *130 cal*

**FIESTA RICE** *150 cal*



**REFRIED BEANS** *120 cal*



VEGAN



VEGETARIAN



GLUTEN



WHEAT



MILK



EGG



PEANUTS



TREE NUTS



SHELLFISH



FISH



SESAME



SOY

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CLASSIC KITCHEN





LUNCH & DINNER

# TODAY'S FEATURE

## HAMBURGER BAR

### HAMBURGER BUN

190 cal



### HAMBURGER PATTY

160 cal

### POTATO WEDGES

120 cal



### Cheddar Cheese

60 cal



### American

Cheese 50 cal



### Swiss Cheese

110 cal



BeWell

VEGAN VEGETARIAN GLUTEN WHEAT MILK EGG PEANUTS TREE NUTS SHELLFISH FISH SESAME SOY

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**a-zone**  
ALLERGEN FRIENDLY

LUNCH

**CITRUS TURKEY BREAST** *120 cal*  


**HERB ROASTED POTATOES** *100 cal*  
 

**LENTIL SAMBAR** *290 cal*  
  

**MOROCCAN CARROTS** *35 cal*  
 



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A - Z O N E



**a-zone**  
ALLERGEN FRIENDLY

D I N N E R

**HERB ROASTED TURKEY** *230 cal*  


**BLACK BEANS & RICE** *130 cal*  
 

**ROASTED CARROTS** *50 cal*  
  



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A - Z O N E