

globalfare

LUNCH

TODAY'S FEATURE

SAUCE YOUR
OWN NUGGETS

CHICKEN NUGGETS

110 cal



FRIES 220 cal



HONEY MUSTARD

310 cal



SWEET & SOUR SAUCE

100 cal



CREAMY RANCH 140 cal



BBQ SAUCE 50 cal



BeWell

VG

VEGAN

V

VEGETARIAN



GLUTEN



WHEAT



MILK



EGG



PEANUTS



TREE NUTS



SHELLFISH



FISH



SESAME



SOY

**2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.**

globalfare

D I N N E R

TODAY'S FEATURE

LOADED
FRENCH FRY
BAR

FRIES *220 cal*

VG

CHILI CON CARNE
270 cal

CHEESE SAUCE *120 cal*

V ⓘ

Shredded
Cheese
120 cal

V ⓘ

Sour Cream
60 cal

V ⓘ



VEGAN

VEGETARIAN

GLUTEN

WHEAT

MILK

EGG

PEANUTS

TREE NUTS

SHELLFISH

FISH

SESAME

SOY

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classic KITCHEN

LUNCH

DINNER ROLL *60 cal*



MEATLOAF *280 cal*



MASHED POTATOES *130 cal*



GRAVY *30 cal*



GRILLED ASPARAGUS *45 cal*



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CLASSIC KITCHEN

classic

KITCHEN

D I N N E R

SHEPHERDS PIE *260 cal*



CARROTS, PARSNIPS & POTATOES *xx cal*



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CLASSIC KITCHEN



 **flame**

LUNCH & DINNER

**TODAY'S
FEATURE**

**HAMBURGER
BAR**

HAMBURGER BUN

190 cal



HAMBURGER PATTY

160 cal

WAFFLE FRIES *220 cal*



Cheddar Cheese

60 cal



American

Cheese *50 cal*



Swiss Cheese

110 cal



BeWell            

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a-zone
ALLERGEN FRIENDLY

LUNCH

CHICKEN A L'ORANGE *200 cal*



RICE PILAF *120 cal*



STIR FRY VEGETABLES *50 cal*



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A - Z O N E



a-zone
ALLERGEN FRIENDLY

D I N N E R

PULLED PORK *220 cal*
 PORK

ROASTED SWEET POTATOES *100 cal*
 VG

ZUCCHINI & TOMATOES *50 cal*
 VG



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A - Z O N E