

# globalfare

LUNCH

## TODAY'S FEATURE

TACO BAR

CORN TORTILLA 30 cal



FLOUR TORTILLA 90 cal



BEEF TACO MEAT 130 cal

FIESTA RICE 150 cal



REFRIED BLACK BEANS 100 cal



Guacamole

60 cal



VEGAN



VEGETARIAN



GLUTEN



WHEAT



MILK



EGG



PEANUTS



TREE NUTS



SHELLFISH



FISH



SESAME



SOY

**2,000 calories a day is used for general nutrition advice, but calorie needs vary.  
Additional nutrition information available upon request.**

# globalfare



D I N N E R

TODAY'S  
FEATURE

SWEET & SOUR  
PORK

SWEET & SOUR PORK

230 cal



PORK

FRIED RICE 130 cal



VEGAN



VEGETARIAN



GLUTEN



WHEAT



MILK



EGG



PEANUTS



TREE NUTS



SHELLFISH



FISH



SESAME



SOY

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# classic KITCHEN

LUNCH

BAKED POTATO *180 cal*



BAKED SWEET POTATO *230 cal*



CHEESE SAUCE *120 cal*



STEAMED BROCCOLI *30 cal*



Jalapenos *0 cal*



Sour Cream

*60 cal*



BeWell



VEGAN



VEGETARIAN



GLUTEN



WHEAT



MILK



EGG



PEANUTS



TREE NUTS



SHELLFISH



FISH



SESAME



SOY

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CLASSIC KITCHEN

# classic KITCHEN

D I N N E R

DIJON BAKED CHICKEN *480 cal*



CONFETTI RICE *130 cal*



SAUTÉED MUSHROOMS *50 cal*



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CLASSIC KITCHEN



 **flame**

LUNCH & DINNER

**TODAY'S  
FEATURE**

**HAMBURGER  
BAR**

**HAMBURGER BUN**

*190 cal*



**HAMBURGER PATTY**

*160 cal*

**WAFFLE FRIES** *220 cal*



**Cheddar Cheese**

*60 cal*



**American**

**Cheese** *50 cal*



**Swiss Cheese**

*110 cal*



BeWell            

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**a-zone**  
ALLERGEN FRIENDLY

LUNCH

**HERB ROASTED CHICKEN** *380 cal*  


**BAKED SWEET POTATO** *100 cal*  
 

**PEAS & CARROTS** *70 cal*  
 

**SEASONED BLACK BEANS** *120 cal*  
 



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**a-zone**  
ALLERGEN FRIENDLY

D I N N E R

**SWEET & SOUR PORK** *230 cal*



**VEGAN FRIED RICE** *540 cal*



**SWEET & SOUR TOFU** *370 cal*



**STIR FRY VEGETABLES** *50 cal*



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A - Z O N E