

globalfare

LUNCH

TODAY'S FEATURE

CHICKEN
CARBONARA

DINNER ROLL *60 cal*



CHICKEN CARBONARA
1500 cal



PARMESAN RISOTTO
POTATOES *135 cal*



PARMESAN GREEN
BEANS *150 cal*



***2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.***

globalfare

D I N N E R

TODAY'S FEATURE

STROGANOFF

DINNER ROLL *60 cal*



BEEF STROGANOFF

310 cal



BUTTERED EGG

NOODLES *100 cal*



FRIED CABBAGE *50 cal*



VEGAN



VEGETARIAN



GLUTEN



WHEAT



MILK



EGG



PEANUTS



TREE NUTS



SHELLFISH



FISH



SESAME



SOY

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classic KITCHEN

LUNCH

SPAGHETTI NOODLES *170 cal*



MEATBALLS *300 cal*



GARLIC BREAD *200 cal*



STEAMED SPINACH *60 cal*



Red Pepper
Flakes *0 cal*



Parmesan
Cheese *110 cal*



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CLASSIC KITCHEN

classic KITCHEN

D I N N E R

HERB BAKED CHICKEN *370 cal*


ROSEMARY POTATOES *120 cal*
 VG

MIXED VEGETABLES *30 cal*
 VG



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CLASSIC KITCHEN



LUNCH & DINNER

TODAY'S FEATURE

CHICKEN & WAFFLES

FRIED CHICKEN *780 cal*



WAFFLES *480 cal*



HONEY JELLY *120 cal*



SYRUP *100 cal*



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a-zone
ALLERGEN FRIENDLY

LUNCH

ORANGE BEEF STIR FRY *290 cal*



RICE PILAF WITH ONION & CELERY

120 cal



TERIYAKI GARBANZO STIR FRY *310 cal*



PEPPERS & ONIONS *110 cal*



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A-ZONE



a-zone
ALLERGEN FRIENDLY

D I N N E R

BAKED PORK CHOP *110 cal*



ROSEMARY POTATOES *100 cal*



MIXED VEGETABLES *30 cal*



TOFU CACCIATORE *170 cal*



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A - Z O N E