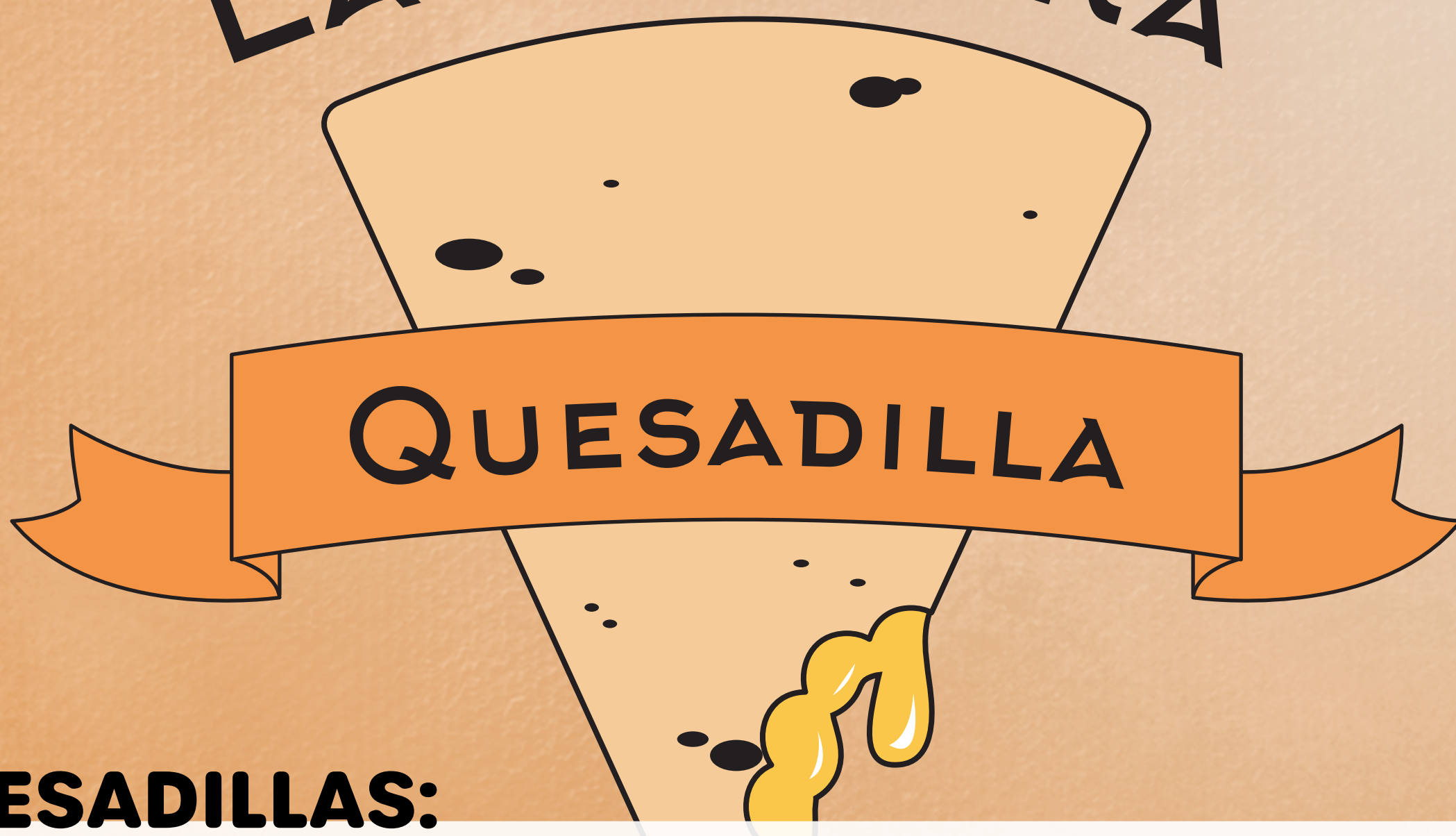


# LA PRADERA



## QUESADILLAS:

### CHEESE QUESADILLA

530 cal | Contains: Gluten/Wheat, Dairy, Soy | Vegetarian

  5.40

### VEGETABLE QUESADILLA

530 cal | Contains: Gluten/Wheat, Dairy | Vegetarian | BeWell

  6.30

### CHICKEN QUESADILLA

630 cal | Contains: Gluten/Wheat, Dairy, Soy

  7.20

### PULLED PORK QUESADILLA

980 cal | Contains: Gluten/Wheat, Dairy, Soy, Pork

  7.20

## ADDITIONAL ITEMS:

### CHICKEN FINGERS (3)

570 cal | Contains: Gluten/Wheat

  5.60

### CHICKEN FINGERS (6)

1140 cal | Contains: Gluten/Wheat

9.65

### NACHO CHIPS

150 cal | Contains: None | Vegan | Accepted as a Meal Exchange Side Option

2.65

### FRENCH FRIES

570 cal | Contains: None | Vegan | Accepted as a Meal Exchange Side Option

2.80

### ADD-ONS

ranch, salsa, chipotle ranch,  
warm nacho cheese, jalapenos

0.80

 Meal Exchange (weekly meal plan) Entrée

 MyMeals Entrée

Meal Exchange (weekly meal plan) and MyMeals are accepted during all hours of operation.

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. ADDITIONAL NUTRITION INFORMATION AVAILABLE UPON REQUEST