

## MEAL EXCHANGE



### WEEKLY MEAL PLAN

Accepted from 7:00am-10:30am  
(during breakfast only)



### MYMEALS

Accepted all day

## BREAKFAST:



- Buffet style: One swipe equals buffet entry

## LUNCH:



- À la carte Style

GRAINS  
&  
GREENS

tacos • burritos • bowls  
**CHILACA**  
**IKE'S GRILL**  
SANDWICHES & PANINIS



## CHOOSE AN ENTRÉE

- Look for MyMeals Icon on Menus



## CHOOSE A DRINK

- 16oz Fountain Drink  
- Glass of Milk



## CHOOSE A SIDE

- Look for MyMeals Icon on Menu  
- 1oz Bag of Chips  
- Whole Fruit  
- Garlic Bread  
- Ranch Chips



Waiting in line? Use the QR code  
to view our menu's online!  
[uww.edu/uc/dining-services](http://uww.edu/uc/dining-services)