





PIZZA

CHEESE PIZZA 690 cal   **\$6.50**

BYO ONE TOPPING cal vary   **\$7.55**
Up to three toppings Upgrade for \$1.25

BYO THREE TOPPINGS cal vary **\$8.80**

SIGNATURE PIZZAS **\$8.60**

  Upgrade for \$1.25

CHICKEN BACON RANCH PIZZA 985 cal
ranch sauce, grilled chicken, mozzarella cheese, diced tomatoes, finished with ranch drizzle

MAC & CHEESE PIZZA 600 cal
mac & cheese, mozzarella cheese, and bacon bits

CHICKEN SPINACH ALFREDO PIZZA 805 cal
alfredo sauce, grilled chicken, bacon, and spinach

CRISPY CHICKEN BBQ PIZZA 790 cal
bbq sauce, crispy chicken, mozzarella cheese, red onion, bacon bits finished with BBQ & ranch swirl

Gluten-Free Crust (640 cal) \$3.00
Dairy-Free Vegan Cheese (90 cal) \$1.45
Add Chicken or Bacon (cal vary) \$2.50
Extra Toppings (cal vary) \$1.30

 Meal Exchange (weekly meal plan) Entrée











 MyMeals Entrée

h'EAT Meal Exchange Side Options: bag of chips, whole fruit, sliced apples & carrot sticks

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. ADDITIONAL NUTRITION INFORMATION AVAILABLE UPON REQUEST



ADDITIONAL ITEMS

CAESAR SALAD <i>470 cal</i>	 	\$3.30
CHICKEN CAESAR SALAD <i>cal vary</i>	 	\$6.80
SOFT PRETZEL BITES <i>270 cal</i> <i>with cheese</i>	 	\$4.95
LOADED BAKED POTATO <i>xxx cal</i>	 	\$6.00
NACHOS & CHEESE <i>340 cal</i>	 	\$4.55
POPCORN <i>100 cal</i>		\$1.90

ADD-ONS

ADD BACON	\$2.50
ADD VEGGIES	\$1.35

**add-ons are only available with h'EAT options*

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 MyMeals Entrée

h'EAT Meal Exchange Side Options: bag of chips, whole fruit, sliced apples & carrot sticks

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FIRE

GRILL

CHICKEN TENDERS

1/2 lb | 400 cal Choose 1 dipping sauce

1 lb | 800 cal Choose 2 dipping sauces

  \$5.60

\$9.65

GRILLED CHEESE 410 cal

  \$5.85

TATER TOTS 140 cal

  \$3.90

MINI CORN DOGS 440 cal

  \$4.80

MINI CHICKEN TACOS 140 cal

  \$6.40

MAC & CHEESE BITES 1250 cal

  \$6.20

with pepperjack cheese and bacon & 1 dipping sauce

CHEESE CURDS 940 cal

\$9.40

with housemade ranch dipping sauce

MOZZARELLA STICKS (5) 565 cal

  \$5.90

with marinara sauce

PICKLE CHIPS with ranch sauce 250 cal

  \$6.30

VEGETABLE SPRING ROLL 250 cal

  \$6.00

with sweet & sour sauce

FRENCH FRIES 210 cal

\$2.75

DIPPING SAUCES

\$0.80

BBQ, Buffalo, Spicy Ranch, Honey Mustard, and
Homemade Buttermilk Ranch

BURGERS

\$8.80

Toppings: Lettuce, Onion, Tomato, and/or Pickles
Cheese: Cheddar, American, or Pepperjack

VEGGIE BURGER 290 cal

BEEF BURGER 360 cal

TURKEY BURGER 410 cal

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 MyMeals Entrée

Fire Meal Exchange Side Options: french fries, bag of chips, whole fruit, sliced apples & carrot sticks

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